

Teen Care

Comprehensive sex education including discussing the topics of sexuality, contraception, abstinence from sexual intercourse, pregnancy prevention, and sexually transmitted infection prevention is important. When done with an ob-gyn provider with the support of a parent or guardian, it will help to develop a comfort level so that if advice or questions occur later, there is a known, helpful source teens and parents may consult.

The rates of teen pregnancy and birth in the US has increased for the second year in a row. Rates of STDs are highest among young women ages 15 to 19. Confidential access to a full spectrum of reproductive health services promoting abstinence from sexual intercourse as well as effective use of latex condoms and over-the-counter emergency contraceptives can enable young women to better prevent unintended pregnancy and threatening infections.